<b>ENGLISH</b>			
MONTH	Units/Subunits/ Topics/ Chapters to be Covered	Details of Activity/ Practice al / Projects to be given	Jnit Tests / Formative/ Tests/ Assignment
APRIL	Literature Flamingo 1. The Last Lesson (Prose) 2.My Mother at Sixty- Six (Poetry) Vistas 1.The Third Level Writing - Notice Writing and its types	<ol> <li>1.Write a notice for your school notice-board based on the upcoming events.</li> <li>2. Write a diary entry sharing your nostalgic experiences.</li> </ol>	
MAY	Literature - Flamingo 1.The Lost Spring (Prose) Vistas The Tiger King (Prose) Writing: The letter to the Editor	Write an article on the state of Education system in Bihar for your school magazine.     Group discussion: on environmental hazards and human threats.	Test 1:- APRIL & MAY (05- 05-2025) (Flamingo) 1.The Last Lesson 2. My Mother at Sixty-Six 3. The Lost Spring (Vistas) 1.The Third Level 2.The Tiger King (Writing Section) Notice 1.Writing and its types 2. Letter to the Editor
JUNE	Literature-Flamingo 1. Deep Water (Prose) Vistas 1. Journey to the end of the Earth (Travelogue) Writing- Letter for Job Application	1. Read the autobiographies of prominent writers and share their reviews in class.	
JULY	Flamingo 1. The Rattrap (Prose) 2. Keeping Quiet (Poetry) Vistas 1. The Enemy Invitation Writing and Reply	<ol> <li>Draft an invitation letter for your school function on A-4 size sheet and submit.</li> <li>Group Discussion: on the environmental hazards and human threats.</li> <li>Write a review of some patriotic films.</li> </ol>	Test 2 (21-07-2025) Flamingo 1. Deep water (Prose) 2. Journey to the end of the Earth (Travelogue) 3.Keeping Quiet 4. The Rattrap 5. The Tiger King Writing section 1.Job Application 2.Invitation Writing and Reply
AUG	Flamingo 1.Indigo 2.Poets and Pancakes (Prose) 3. A Thing of Beauty (Poetry) Writing: Article writing	Students can prepare a PPT based on Indian National Movement.     Students can form groups and enact a scene from the given text	
SEPT	Flamingo 1.The Interview (Prose) 2. A Roadside Stand (Poetry)	Conduct an interview session of your most admirable person.     Write an article on the struggles of the street vendors.	SENT-UP EXAM: Literature -Flamingo 1.The Last Lesson (Prose) 2.My Mother at Sixty- Six (Poetry) 3.The Lost Spring (Prose) 4.Deep Water (Prose) 5.The Rattrap (Prose) 6. Keeping Quiet (Poetry) 7. Indigo 8. A Thing of Beauty Vistas 1.The Third Level (Prose) 2.The Tiger King (Prose) 3.Journey to the end of the Earth (Prose) 4.The Enemy (Prose) Writing Section Short-Notice Writing, Letter to the Editor, Letter for Job

			Application, Invitation letter and reply. Article Writing
ОСТ	Flamingo 1.Going Places (Prose) 2. Aunt Jennifer's Tigers (Poetry) Writing-Report Writing	1. Prepare a report on the recent occurrences or events happening in the society submit it as an assignment.	
NOV	Vistas 1. On the Face of it. 2. Memories of Childhood (Prose) Flamingo 1. Revision Writing Revision	Write an narrative or share an anecdote on any positive incident from your life.     Make a collage depicting the memories of your childhood and write a paragraph on it.	
DEC	REVISION	PROJECT SUBMISSION	PRE BOARD -1 Entire syllabus
JAN	AISSCE (CBSE) Board's Practical	Conducting practicals ASL	PRE BOARD -2 <b>Whole Syllabus</b>
MONTH MONTH	Units/Subunits/ Topics/Chapters to be Covered	Details of Activity/ Practice al / Projects to be given	Activities/Projects/ Practical/ Experiments to be held / Specific Assessment Tools suggested
APRIL	Indian Economic development Development Experience (1947-1990) (a) Indian economy on the eve of Independence (b) Economic Planning - Indian Economy (1950-1990) (c) Features/Problems / Policies of Agriculture (institutional and technical reforms)/ Industry / Foreign trade.	Preparing detailed notes related various topics Flow chart for understanding the topics precisely Listing out the dates and factual information	
MAY	Indian Economic development Economic Reforms (a) Since 1991 - LPG Policies Liberation, Privatisation and Globalization Need,measures taken, critical appraisal (b) Human Capital Formation (c) Rural Development	Preparing detailed notes related various topics Flow chart for understanding the topics precisely Listing out the dates and factual information	Weekly test I Ch 1 Indian economy at the eve of independence Ch 2 Economic planning 1950 -90
JUNE	Basic Concepts of Macro		
JULY	Macro Economics  (a)Circular flow of Income  (b)National Income and Related Aggregate  (c)Measurement of National Income	Preparing detailed notes related to various topics Flow chart for understanding the topics precisely Understanding the formulas and concepts of related national income aggregates Formula derivation related to product, income and expenditure method Numericals	Weekly Test-2 National Income
AUG	Indian Economic development: Demonetisation Macro Economics Money		
SEP	Macro Economics Banking :Commercial Bank and Central Bank	Preparing detailed notes related to the various topics Flow charts for precisely understanding the topics Formulas and measures of money supply Learning the concept of money multiplier and credit creation by commercial banks. Tabulation	Send UP Examination FROM 08/09/2025 Sent up exam Indian economy at the eve of independence Economic planning 1950-90 Economic reforms -LPG

	STEERDOST OR CER		
		Numericals	Human capital formation Rural development Macro - National income
ОСТ	Macro Economics Government Budget Indian Economic development: (a)Employment (b)Environment and sustainable development (c) Comparative Economic development of India, Pakistan and China Project work for Boards	Preparing detailed notes related various topics Flow chart for understanding the topics precisely Listing out the dates and factual information	
NOV	Macro Economics (a)Aggregate demand & Related Concept (b)Income determination and multiplier (c)Excess & Deficient demand (d)Foreign Exchange Rate (e)Balance of Payment	Flow chart Formulas Numericals	
DEC	REVISION	Completion of left over	PRE BOARD -1
JAN	AISSCE (CBSE) Board's Practical	Practicals and PROJECTS	PRE BOARD -2
	-		•
ACCOUNTA		Details of Astivity / Duestins -1 / Busines	Activities / Ducit-/
MONTH	Units/Subunits/ Topics/Chapters to be Covered	Details of Activity/ Practice al / Projects to be given	Activities/Projects/ Practical/ Experiments to be held / Specific Assessment Tools suggested
APRIL	Unit 1: Accounting for Partnership Firms:  Partnership: features, Partnership Deed, Provisions of the Indian Partnership Act 1932 in the absence of partnership deed. Fixed v/s fluctuating capital accounts. Preparation of Profit and Loss Appropriation account- division of profit among partners, guarantee of profits, - Past adjustments (relating to interest on capital, interest on drawing, salary and profit- sharing ratio).	Role Play of students regarding formation of partnership and their agreement based on previous knowledge.	
MAY	Goodwill: Meaning, nature, factors affecting, need for valuation and methods for calculation - average profit, super profit and capitalization, adjusted through partner's capital/current account Unit-2 Accounting for Partnership Firms Reconstitution: -Change in profit sharing ratio among the existing partners - sacrificing ratio, gaining ratio, accounting for revaluation of assets and reassessment of liabilities and treatment of reserves, accumulated profits and losses. Preparation of revaluation account and Balance Sheet.	Different assignments can be given to the students to understand the topic through Quiz.	Monday test I (12/05/25) Syllabus:- partnership fundamental, change in profit sharing ratio.
JUNE/ JULY	Admission of a partner - Effect of admission of a partner on change in the profit- sharing ratio, treatment of goodwill (as per AS 26). Admission of a partner - Treatment for revaluation of assets and reassessment of liabilities, treatment of reserves, accumulated profits and losses, adjustment of capital accounts and	Different assignments can be given to the students to understand the topic through role play method, Quiz.	

	preparation of capital, current account and Balance Sheet.		
	Retirement and Death of a Partner:	Different assignments can be given to the	Monday Tests II
	effect of retirement/death of a partner on change in profit sharing ratio, treatment of goodwill (as per AS 26), treatment for revaluation of assets and reassessment of		(28/07/25) Syllabus:- Admission of a partner, retirement and Death.
AUG	liabilities, adjustment of accumulated profits, losses and reserves, adjustment of capital accounts and preparation of		rearement and Beatin
	capital, current account and balance sheet. Preparation of loan account of the retiring partner.		
	Calculation of deceased partners share of profit till the date of death. Preparation of deceased partners capital account and		
	executors account.  Dissolution of a Partnership firm:	Different assignments can be given to the	
	meaning of dissolution of partnership and		
	partnership firm, types of dissolution of a	Quiz.	
	firm. Settlement of accounts - preparation		
	of realization account, and other related accounts: capital accounts of partners and		
	cash/bank a/c (excluding piecemeal		
	distribution, sale to a company and		
	insolvency of partner(s). <b>Note:</b> (I) If the realized value of tangible		
	assets is not given it should be considered		
	as realized at book value itself.		
	If the realized value of intangible assets is		
	not given it should be considered as nil (zero value).		
SEP	In case, the realization expenses are		
	borne by a partner, clear indication		
	should be given regarding the payment		
	thereof. Unit-3 Accounting for Companies		
	Accounting for Share Capital		
	Features and types of companies		
	Share and share capital: nature and types.  •Accounting for share capital: issue and		
	allotment of equity and preferences		
	shares. Public subscription of shares -		
	over subscription and under subscription		
	of shares; issued at par and at premium, calls in advance and arrears (excluding		
	interest), issue of shares for consideration		
	other than cash.		
	Accounting for Share Capital (cont.)	Different assignments can be given to the	Send UP Examination
	•Concept of Private Placement and EmployeeStock Option Plan (ESOP),	students to understand the topic through Quiz.	FROM 08/09/2025
	Sweat Equity.		Syllabus:
	<ul> <li>Accounting treatment of forfeiture</li> </ul>		Partnership fundamentals,
	andreissue of share sonital in the		change in profit sharing ratio, admission,
	Disclosure of share capital in the Balance Sheet of a company.		retirement & death of a
OCT	Accounting for Debentures		partner, Accounting for
	• Debentures: Meaning, types, Issue of		share capital, Accounting
	debentures at par, at a premium and at a		for Debenture.
	discount. Issue of debentures for consideration other than cash; Issue of		
	debentures with terms of redemption,		
	Debentures issued as collateral security-		
	concept, interest on debentures (concept		

	of TDS is excluded), Writing off discount / loss on issue of debentures.  Note: Discount or loss on issue of debentures to be written off in the year debentures are allotted from Security Premium Reserve (if it exists) and then from Statement of Profit and Loss as Finance Cost(AS-16)		
NOV	Unit-4 Analysis of Financial Statements:-(Part-II) Financial statements of Company: Meaning, Nature, Uses and importance of financial Statement. Statement of Profit and Loss and Balance Sheet in prescribed form with major headings and sub headings (as per Schedule III to the Companies Act, 2013) Note: Exceptional items, extraordinary items and profit (loss) from discontinued operations are excluded.  •Financial Statement Analysis: Meaning, Significance, Objectives, importance and limitations. Tools for Financial Statement Analysis: Cash flow analysis, ratio analysis.	Different assignments can be given to the students to understand the topic through Quiz.	
DEC	Revision	Pre-Board-I (08/12/2025 Onward)	Practice of Sample Papers,
JAN	Revision	Pre-Board-II (06/01/2026 Onwards)	Practice Tests Practice of Sample Papers,
FEB	AISSCE (CBSE) Board's Practical		Practice Tests Practice of Sample Papers, Practice Tests
<b>BUSINESS</b> 5			
MONTH	Units/Subunits/ Topics/Chapters to be Covered	Details of Activity/ Practice al / Projects to be given	Activities/Projects/ Practical/ Experiments to be held / Specific Assessment Tools suggested
APRIL	Unit. 01 Name to be a second of the controlling - Coordination - concept and importance	Project work, Quiz, Mind map.	
MAY	Unit. 02 — Principles of Management - Concept and significance Fayol principal of management Taylor's scientific management- principles and techniques. Unit. 03 = F Business Environment - Concept and Importance. Dimensions of Business Environment-Economic, Social, Technological, Political and Legal Demonetization - concept and features.	Quiz, Mind map, case studies.	
JUNE	Unit. 04 Planning Concept, importance and limitation Planning process Single use and standing plans. Objectives, Strategy, Policy, Procedure, method Rule, budget and Programme Unit. 05 Organizing	Quiz, Mind map, case studies.  Quiz, Mind map, case studies,	Monday test I ( 14/07/25)
JULY	Organizing - Concept and importance Organizing process	Quiz, Minu map, case studies,	Syllabus:- 1.Nature and significance

	Structure of organization- functional and divisional concept.  Formal and informal organization-concept Delegation: concept, elements and importance Decentralization: concept and Importance'  Staffing -06		of management 2.Principles of management
	Concept and importance, staffing as a part of Human resources Selection Process, Training and Development - Concept and importance, Methods of training - on the job and off the job - vestibule training, apprenticeship training and internship training.		
AUG	Unit-07 Directing Concepts and importance Elements of directing Motivation – Maslow's Hierarchy theory Financial and nonfinancial incentives Leadership -concept, styles - Communication - concept, formal and informal communication; barriers to effective communication, how to overcome the barriers Financial and non-financial incentives. Leadership -concept, styles - authoritative, democratic and laissez fair Communication - concept, formal and informal communication; barriers to effective communication, how to overcome the barriers. Unit. 08 C e-n t r o l l i n g Concept and importance, Relationship between planning and controlling, Steps in process of controll. Relationship between planning and controlling, Steps in process of controlling.	Quiz, Mind map.	Monday Test II ( 11/08/25) Syllabus: Business environment planning
SEPT	Unit. 09 — For Concept, role and concept, role and concept, role and concept and superstance Capital Structure Fixed and Working Capital - Concept and factors affecting their requirements	Project work, Quiz, Mind map, Case Studies.	Send UP Examination FROM 08/09/2025 Syllabus: - Chapter 1 to 08
ОСТ	Unit- 10 - Financial Markets: Concept Money Markets: Concept Capital market and its types (primary and secondary) Stock Exchange - Functions and trading procedure Securities and Exchange Board of India (SEBI) - objectives and functions. Unit. 11 Marketing Marketing — — (Output of the product - branding, labelling and packaging Goncept Price - Concept, Factors determining price.	Project work, Quiz, Mind map, Case Studies.	
NOV	Unit. 11 Marketing (continued) Physical Distribution concept, components and channels of distribution	Project work, Quiz, Mind map, Case Studies.	

	<u> </u>	155-12 COMMERCE (2025-2020)	
	Promotion Concept and elements; Advertising, Personal Selling, Sales Promotion and Public Relations. Unit. 12 C e-n s u m e r Protection Concept and importance of consumer protection The Consumer Protection Act, 2019:Source: http://egazette.nic.in/WriteReadData/2 019/210422.pdf Meaning of consumer, Rights and responsibilities of consumers, who can file a complaint? Redressal machinery, Remedies available Consumer awareness - Role of consumer organizations and Non- Governmental Organizations (NGOs)		Dragting of Comple Persons
DEC	Revision for Pre-Board-I (08/12/2025 On	ward)	Practice of Sample Papers and Practice Tests
JAN	Revision for Pre-Board-II (06/01/2026 Or	iwards)	Practice of Sample Papers and Practice Tests
FEB	AISSCE (CBSE) Board's Practical		Practice of Sample Papers and Practice Tests
INFODMATI	ICS PRACTICES		
INFORMAT	Units/Subunits/ Topics/Chapters to be Covered	Details of Activity/ Practice al / Projects to be given	Activities/Projects/ Practical, Experiments to be held / Specific Assessment Tools suggested
APRIL	Unit 2: Database Query using SQL Math functions: POWER(), ROUND(), MOD() Text functions: UCASE() / UPPER(), LCASE() / LOWER(), MID() / SUBSTRING() / SUBSTR(), LENGTH(), LEFT(),RIGHT(), INSTR(), LTRIM(), RTRIM(), TRIM(). Date-Time Functions: NOW(), DATE(), MONTH(),MONTHNAME(), YEAR(), DAY(), DAYNAME().	Practice of topics and Practical programs. Activities as specified in NCERT Textbook.  1. Create a new database called XII_IP_2022.  2. Open / Select / Load a database called XII_IP_2022.  3. Create a exstudent table with the student id, name, and marks as attributes where the student id is the primary key.  4. Display table structure of student table. 05 . Insert the details of three students in the above table. 06. Display details of all students 07. Delete the details of a student in the above table.  8. Use the select command to get the details of the students with marks more than 480.  9. Find the min, max, sum, and average of the marks in a student marks table. 10. Create table customer (customer ID, customer Name, country) and store few records.  11. Store few records in customer table. 12. Find the total number of customers from each country in the table (customer ID, customer Name, country) using group by. 13. Write a SQL query to order the (student ID, marks) table in descending order of the marks.	
MAY	Aggregate Functions: MAX (), MIN (), AVG (), SUM (), COUNT (), using COUNT (*). Querying and manipulating data using-Group by, Having, and Order by clauses.	The practice of topics and Practical programs. Activities as specified in NCERT Textbook	

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JUNE	Unit 1: Data Handling using Pandas and Data Visualization Introduction to Python libraries Pandas & Matplotlib. Data Structures in Pandas- Series: Creation of Series from ndarray, dictionary, scalar value, mathematical operations, Head and Tail functions, Selection, Indexing and Slicing.	The practice of topics and Practical programs and SQL.  1. Write a program to generate a series of float numbers from 10.0 to 50.0 with an increment of 3.5 using user defined function.  2. Write a program to generate a series of 10 numbers with a scalar value of 44 with user defined index 1-10.  3. Create a panda's series of five items from a dictionary, display 2nd and 3rd item and then 1st and 4th item of series.  4. Create a panda's series of five items from an arrary, display 2nd and 3rd item and then 1st and 4th item of the series.  5. Create a data frame for examination results and display row labels, column labels data types of each column and the dimensions.  6. Create the following DataFrame Sales containing year wise sales figures for five salespersons in INR. Use the years as column labels, and salesperson names as row.  7. Consider above sales dataframe and write code to display the last two rows of Sales dataframe using different method.  8. Consider sales dataframe and write code to display the first two columns of Sales dataframe using different methods.	
JULY	DataFrames: creation from the dictionary of Series, list of dictionaries, Text/CSV files display iteration Operations on rows and columns: add, select, delete, rename Head and Tail functions Indexing using Labels, Boolean Indexing.	9.Use above dataframe sales and do the following: 1. Change the DataFrame Sales such that it becomes its transpose. 2. Display the sales made by all sales persons in the year 2018. 3. Display the sales made by Kapil and Mohini in the year 2019 and 2020. 4. Add data to Sales for salesman Nirali where the sales made are [221, 178, 165, 177, 210] in the years [2018, 2019, 2020, 2021] respectively. 10.Use above dataframe sales and do the following: 1. Delete the data for the year 2018 from the DataFrame Sales. 2. Delete the data for sales man Shikhar from the DataFrame Sales. 3. Change the name of the salesperson Kamini to Rani and Kapil to Anil. 4. Update the sale made by Mohini in 118 to 150 in 2018.	Monday Test 1 07/07/2025 Unit -1.
AUG	Data Visualization Purpose of plotting; drawing and saving the following Types of plots using Matplotlib lineplot,bargraph, and histogram. Customizing plots: adding labels, titles, and legend in plots.	The practice of topics. and Practical questions on Data Visualization.	Monday Test -2 25/08/25 Unit -2
SEPT	Unit 3: Introduction to Computer Networks Introduction to networks, Types of networks: LAN, MAN, WAN Network Devices: modem, hub, switch, repeater, router, gateway Network Topologies: Star, Bus, Tree, Mesh Introduction to Internet, URL, WWW, and its applications Web, email, Chat, VoIP.		Send UP Examination FROM 08/09/2025 Unit -1,2,4

	Website: Introduction, the difference		
	between website and webpage, static vs		
	dynamic web page, web server, and		
	hosting of a website.		
	Web Browsers: Introduction, commonly		
	used browsers, browser		
	settings, add-ons, plug-ins, cookies.		
	Unit 4: Societal Impacts		
	Digital footprint, net, and		
	communication etiquettes, data		
	protection, intellectual property rights		
	(IPR), plagiarism, licensing and		
	copyright, free and open-source software		
OCT	(FOSS), cybercrime and cyber laws,		
	hacking, phishing, cyberbullying, an		
	overview of the Indian IT Act.		
	E-waste: hazards and management.		
	Awareness about health concerns related		
	to the usage of technology.		
NOV	Revision -Completion of left over , Practicals and Projects , Pre-Board-1		
DEC	AISSCE (CBSE) Boards Practical, Pre-Board-2		
	AISSCE (CBSE) 2026		
JAN	Alsoce (Cose) 2020		
PHYSICAL I			
MONTH	Units/Subunits/Topics/Chapters To be overed		
	Unit 1 Management of Sporting Events		
	1. Functions of Sports Events Management		
	2. Various Committees & their Responsibilities		
	3. Fixtures and their Procedures –		
APRIL			
APRIL	4. Intramural & Extramural tournaments – Meaning, Objectives & Its Significance		
	5. Community sports		
	Unit 2 Children & Women in Sports		
	1. Exercise guidelines of WHO for different age groups.		
	2. Common postural deformities		
	3. Women's participation in Sports	Yoga Performance by	
	3. Women's participation in Sports 4. Special consideration	Yoga Performance by students	
	4. Special consideration	Yoga Performance by students	
	4. Special consideration 5. Female athlete triad		
MAY	4. Special consideration 5. Female athlete triad Unit 3 Yoga as Preventive measure for Lifestyle Disease		
MAY	4. Special consideration 5. Female athlete triad Unit 3 Yoga as Preventive measure for Lifestyle Disease 1. Obesity		
MAY	4. Special consideration 5. Female athlete triad Unit 3 Yoga as Preventive measure for Lifestyle Disease 1. Obesity 2. Diabetes		
MAY	4. Special consideration 5. Female athlete triad Unit 3 Yoga as Preventive measure for Lifestyle Disease 1. Obesity		
MAY	4. Special consideration 5. Female athlete triad Unit 3 Yoga as Preventive measure for Lifestyle Disease 1. Obesity 2. Diabetes		
MAY	4. Special consideration 5. Female athlete triad Unit 3 Yoga as Preventive measure for Lifestyle Disease 1. Obesity 2. Diabetes 3. Asthma		
MAY	4. Special consideration 5. Female athlete triad Unit 3 Yoga as Preventive measure for Lifestyle Disease 1. Obesity 2. Diabetes 3. Asthma 4. Hypertension 5. Back Pain and Arthritis		
MAY	4. Special consideration 5. Female athlete triad Unit 3 Yoga as Preventive measure for Lifestyle Disease 1. Obesity 2. Diabetes 3. Asthma 4. Hypertension 5. Back Pain and Arthritis Unit 4 Physical Education and Sports for CWSN		
MAY	4. Special consideration 5. Female athlete triad Unit 3 Yoga as Preventive measure for Lifestyle Disease 1. Obesity 2. Diabetes 3. Asthma 4. Hypertension 5. Back Pain and Arthritis Unit 4 Physical Education and Sports for CWSN 1. Organization s promoting Disability Sports		
MAY	4. Special consideration 5. Female athlete triad Unit 3 Yoga as Preventive measure for Lifestyle Disease 1. Obesity 2. Diabetes 3. Asthma 4. Hypertension 5. Back Pain and Arthritis Unit 4 Physical Education and Sports for CWSN 1. Organization s promoting Disability Sports 2. Concept of Classification n and Divisioning in Sports.		
	4. Special consideration 5. Female athlete triad Unit 3 Yoga as Preventive measure for Lifestyle Disease 1. Obesity 2. Diabetes 3. Asthma 4. Hypertension 5. Back Pain and Arthritis Unit 4 Physical Education and Sports for CWSN 1. Organization s promoting Disability Sports 2. Concept of Classification n and Divisioning in Sports. 3. Concept of Inclusion in sports, its need, and Implementation		
	4. Special consideration 5. Female athlete triad Unit 3 Yoga as Preventive measure for Lifestyle Disease 1. Obesity 2. Diabetes 3. Asthma 4. Hypertension 5. Back Pain and Arthritis Unit 4 Physical Education and Sports for CWSN 1. Organization s promoting Disability Sports 2. Concept of Classification n and Divisioning in Sports. 3. Concept of Inclusion in sports, its need, and Implementation 4. Advantages of Physical Activities for children with special needs.		
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	4. Special consideration 5. Female athlete triad Unit 3 Yoga as Preventive measure for Lifestyle Disease 1. Obesity 2. Diabetes 3. Asthma 4. Hypertension 5. Back Pain and Arthritis Unit 4 Physical Education and Sports for CWSN 1. Organization s promoting Disability Sports 2. Concept of Classification n and Divisioning in Sports. 3. Concept of Inclusion in sports, its need, and Implementation 4. Advantages of Physical Activities for children with special needs.	students  Fitness test practice	
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	4. Special consideration 5. Female athlete triad Unit 3 Yoga as Preventive measure for Lifestyle Disease 1. Obesity 2. Diabetes 3. Asthma 4. Hypertension 5. Back Pain and Arthritis Unit 4 Physical Education and Sports for CWSN 1. Organization s promoting Disability Sports 2. Concept of Classification n and Divisioning in Sports. 3. Concept of Inclusion in sports, its need, and Implementation 4. Advantages of Physical Activities for children with special needs. 5. Strategies to make Physical Activities assessable for children with special needs. Unit 5 Sports & Nutrition 1. Concept of balanced diet and nutrition 2. Macro and Micro Nutrients: Food sources & functions 3. Nutritive & NonNutritive Components of Diet 4.	Fitness test practice Unit Test 1	
	4. Special consideration 5. Female athlete triad Unit 3 Yoga as Preventive measure for Lifestyle Disease 1. Obesity 2. Diabetes 3. Asthma 4. Hypertension 5. Back Pain and Arthritis Unit 4 Physical Education and Sports for CWSN 1. Organization s promoting Disability Sports 2. Concept of Classification n and Divisioning in Sports. 3. Concept of Inclusion in sports, its need, and Implementation 4. Advantages of Physical Activities for children with special needs. 5. Strategies to make Physical Activities assessable for children with special needs. Unit 5 Sports & Nutrition 1. Concept of balanced diet and nutrition 2. Macro and Micro Nutrients: Food sources & functions 3. Nutritive & NonNutritive Componen ts of Diet 4. Eating for Weight control – A Healthy Weight, The Pitfalls of Dieting, Food Intolerance,	students  Fitness test practice	
	4. Special consideration 5. Female athlete triad Unit 3 Yoga as Preventive measure for Lifestyle Disease 1. Obesity 2. Diabetes 3. Asthma 4. Hypertension 5. Back Pain and Arthritis Unit 4 Physical Education and Sports for CWSN 1. Organization s promoting Disability Sports 2. Concept of Classification n and Divisioning in Sports. 3. Concept of Inclusion in sports, its need, and Implementation 4. Advantages of Physical Activities for children with special needs. 5. Strategies to make Physical Activities assessable for children with special needs. Unit 5 Sports & Nutrition 1. Concept of balanced diet and nutrition 2. Macro and Micro Nutrients: Food sources & functions 3. Nutritive & NonNutritive Componen ts of Diet 4. Eating for Weight control – A Healthy Weight, The Pitfalls of Dieting, Food Intolerance, and Food Myths	Fitness test practice Unit Test 1 (27-07-2025)	
JUNE	4. Special consideration 5. Female athlete triad Unit 3 Yoga as Preventive measure for Lifestyle Disease 1. Obesity 2. Diabetes 3. Asthma 4. Hypertension 5. Back Pain and Arthritis Unit 4 Physical Education and Sports for CWSN 1. Organization s promoting Disability Sports 2. Concept of Classification n and Divisioning in Sports. 3. Concept of Inclusion in sports, its need, and Implementation 4. Advantages of Physical Activities for children with special needs. 5. Strategies to make Physical Activities assessable for children with special needs. Unit 5 Sports & Nutrition 1. Concept of balanced diet and nutrition 2. Macro and Micro Nutrients: Food sources & functions 3. Nutritive & NonNutritive Componen ts of Diet 4. Eating for Weight control – A Healthy Weight, The Pitfalls of Dieting, Food Intolerance, and Food Myths 5. Importance of Diet in SportsPre, During and Post competition Requirements	Fitness test practice Unit Test 1 (27-07-2025)	
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	STEERIOSTOR CERSS 12 COMMERCE (2023 2020)			
	4. Physiological changes due to aging			
	5. Sports injuries: Unit 8 Biomechanics and Sports			
	1. Newton's Law of Motion & its application in sports			
	2. Types of Levers and their application in Sports.			
	3. Equilibrium			
	4. Friction & Sports			
	5. Projectile in Sports	Condition of the condition		
	Unit 9 Psychology and Sports	Send UP Examination		
	1. Personality	FROM -08/09/2025		
SEP	2. Motivation, its type & techniques.	(Unit 1-7)		
JEI	3. Exercise Adherence			
	4. Meaning, Concept & Types of Aggression s in Sports			
	5. Psychological Attributes in Sports			
	Unit 10 Training in Sports	Strength, endurance and		
	1. Concept of Talent Identification and Talent Development in Sports	flexibility development		
OCT	2. Introduction to Sports Training Cycle	training		
	3. Types & Methods to Develop	cruming		
	4. Types & Methods to Develop – Flexibility and Coordinative Ability.			
NOV				
D.E.C	5. Circuit Training - Introduction & its importance			
DEC	Revision -Completion of left over , Practicals and Projects , Pre-Board-1			
JAN	AISSCE (CBSE) Boards Practical , Pre-Board-2			
FEB	AISSCE (CBSE) 2026			
APPLIED MA	THEMATICS			
MONTH	Units/Subunits/Topics/Chapters To be overed			
	1. Matrices & Determinants			
	Definition, Types of Matrices, Equality of Matrices, transpose of a matrix, Symmetric and Skew Sy	mmetric matrix. Algebra of		
	Matrices : Addition substraction, multiplication of Matrices and related properties. Inverse of a m			
APRIL	operation.	811 11 9		
	Determinant of order two and three, Solution of determinant using properties, Solution of system	of linear equations using		
	determinant (Cramer's Rule), Inverse of matrix using adjoint, Solution of system of linear equatio			
	2. Numerical Inequalities			
	Calculus , Differentiation, Implicit, Logarithmic, Parametric, Higher order derivative.			
MAY	Modulo Arithmatic & Congrume modulo.			
	Alligation & Mixture. , Pipes and Cistern.			
	1. Rate measures			
HINE	2. Tangent and normal			
JUNE	3. Marginal cost and Marginal revenue using derivatives.			
	4. Increasing and Decreasing functions.			
	1. Maxima and Minima			
	2. Indefinite Integration of Simple functions as anti derivative. Method of Integration By			
111137	substitution, Partial Fraction, By Parts.			
JULY	3. Definite integration and related properties.			
	4. Application of Integration			
	Area, Use of definite integration to find consumer surplus and producer surplus			
	Differential Equation-Definition, Order and degree of differential equation. Formation of different	ial equation, Solution of		
AUG	differential equation. Using different method. Application of differential equation, Probability dist			
	its probability distribution, Mathematical Expections , Variance, Binomial Distribution, Poisson Di			
	Linear programming			
SEP	. Introduction and related terminology, Mathematical formulation, Different types of LPP, Graphica	l Method of Solution for Problems		
SEP	in two Variables Feasible and infeasible solutions, Optimal feasible solution.			
	. Financial Mathematics , Pertuity and sinking funds.			
	1. Financial Mathematics Continued			
	Voluation of Bond, Calculation of EMI, Normal Rate of return, Compound Annual .			
OCT	Growth rate Stock, Shares and Debentures, Linear Method of Depreciation.			
	Inferential statistics, Population and Sample, Parameter and Statistics and Statistical interferences, T-Test,			
	3. Revision - Matrices & Determinants			
	Index number and time-based data, Techniques of Finding trend by different, Methods-Moving Av	verage method, Method of least		
	square			
NOV	2. Revision : Defferential Calculus			
	3. Revision : Integral Calculus			
	4. Revision : Probability			
DEC	Revision -Completion of left over , Practicals and Projects , Pre-Board-1			
JAN	AISSCE (CBSE) Boards Practical , Pre-Board-2			
FEB	AISSCE (CBSE) 2026			