

HINDI ARTICLE

INTER-HOUSE WALL HANGING COMPETITION

An inter-house wall hanging competition was held on 26th November, 2022 for the grade VI to XII. The theme of the competition was 'Sustainable Development Goals'. The competition promoted the creativity and artistic excellence in our students. Innovative ideas were executed and their work was appreciated by everyone. Around 60 students participated in the competition.



INTER-SCHOOL TECH-QUIZ COMPETITION

An inter-school tech-quiz competition was held on 30th November, 2022 at St. Karen's High School, Gola Road, Patna. Eighteen schools from Patna participated in it. Each team comprised of two members. The different schools gave a tough competition to each other. Amrit Kashyap(XII C) and Mayank Pratap Singh(XII D) represented our school. Loyola High School bagged the winning trophy. It was an exciting moment for us.



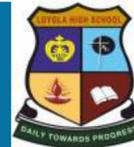
INTER-HOUSE KABADDI TOURNAMENT

In the primary section of Loyola High School, an inter-house kabaddi competition was organised for grade IV and V for both boys and girls. Children played enthusiastically. Players raiding and defending were outstanding.



CBSE CLUSTER-3 Inter-School Table Tennis Tournament

CBSE Board conducts over 24 sports events for its affiliated schools. Sports events are organized at Cluster/Zonal and National level in various age-groups for boys and girls, with Patna lying in the Cluster-3 in Bihar and Jharkhand region. Trinity Global School, Patna was the host for the Table Tennis Tournament. In this, around 12 schools had participated from Bihar and Jharkhand. This event was held from 25th to 27th November, 2022. Our school also participated in this tournament in various categories, and in-total won 8 prizes, which are - Team Event:
• Under 14 Boys-1st prize
• Under 19 Boys-2nd prize
• Under 14, 19 Girls and under 17 boys-3rd prize
Individual Event:
• Eklavya Sharma(VI B)- 1st prize (under 14 Boys)
• Rudrangi Anya(XI B)- 1st prize (under 19 Girls)
• Aditya Pratap Singh(XII B)- 2nd prize (under 19 Boys)



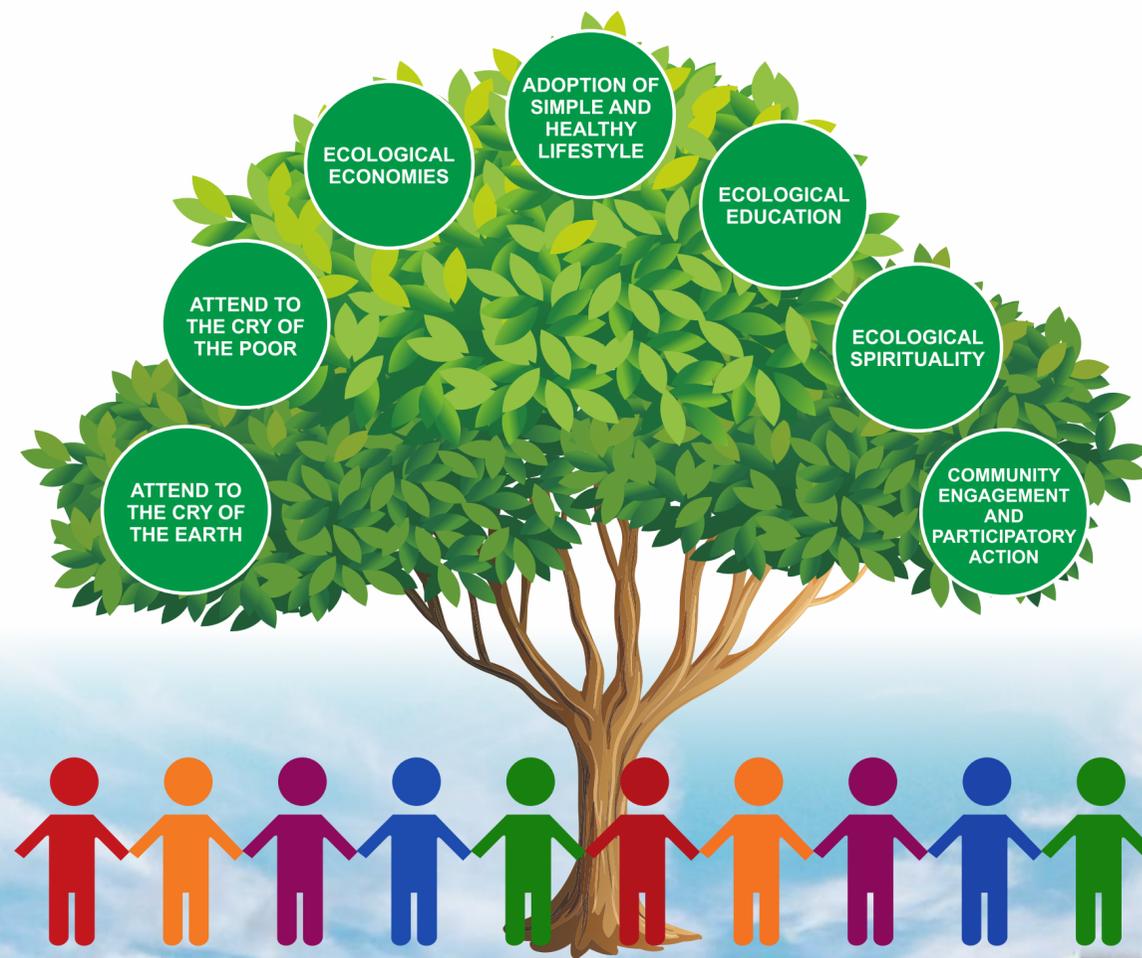
LOYOLA HIGH SCHOOL

KURJI, PATNA, BIHAR - 800010 Website: www.loyolapatna.edu.in

NEWS LETTER

"Sustainable Development"

Ecological Spirituality



## TEACHERS MESSAGE

## ECOLOGICAL SPIRITUALITY

It is a global phenomenon to understand the modern ecological crisis which is made compulsory to study the human beings is deeply connected with the Mother Earth/nature and experience the omnipotent power. It is said that it brings together religion and environmental involvement. It is a manifestation of the spiritual connection between human beings and the environment.

At present, understanding Eco-spirituality is crucial because many of our current Global crisis have deep ecological and spiritual causes. Eco-spirituality is based on a fundamental belief in the sacredness of the nature. It is a fact that we as humans are neither separated from the nature nor above the nature but we are a part of it. So far, humans have been acting as superior to all creatures on the earth. It is said that humanity is born from nature, is a part of nature and does not own nature exclusively for its own ends and purposes. Eco-spirituality also includes



Bro. Mike Jatrom S.G.  
Secretary & Principal, LMS

and honours the basic principles of energy as well as the eco-principles and the ideas found in the ecology, energy, and history book called Overshoot, by William Catton.

Pope Francis mentions in his book *Laudato Si* that many things have to change course, but it is we human beings, above all, who need to change. We lack an awareness of our common origin.

Ecological spirituality connects the science of ecology with spirituality. It has been defined as a 'manifestation of the spiritual connection between human beings and the environment.' It is the result of people wanting to free themselves from a consumerist and materialistic society. Eco-spirituality is about helping people experience 'the holy' in the natural world and to recognize their relationship as human beings to all creation. Eco-spirituality has been influenced by the ideas of deep ecology which is characterized by 'recognition of the inherent value' of all living beings and the use of this view in shaping environmental policies. Eco-spirituality honors the earth. We walk on the earth with humility and reverence, not with the arrogant air of insensitive landlord. We do not worship the earth as divine, but respect it as a revelation of the creator; to reverence the earth is to respect the artistry of the divine artist. Five ways through which we



Sarita Seraphim, PRT

can embrace a spiritual connection are-

1. Make a commitment to get out and connect with nature.
2. Embrace the renewal you find in nature.
3. Allow the vast experience of nature to minimize your ego.
4. Sit down quietly and soak up the experience.
5. Communicate

## LET'S BE MORE OF A GIVER, THAN A TAKER



Pooja, PRT

human psyche changes, the human condition is re-articulated, and thus human spirituality takes different forms and shapes.

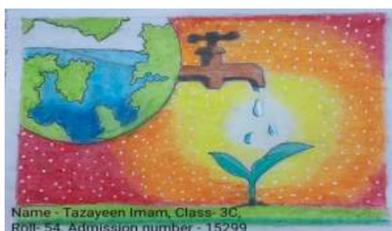
In our times we witness the dawn of the Ecological Perspective, or the ecological worldview. Within this perspective the universe is viewed as a sanctuary. To act in the world as if it were a sanctuary is to make it reverential, pious and sacred. What the universe becomes depends on you. Or rather we can say that what we make of the universe, is one of the most critical and important aspects. Treat it like a machine and it becomes a machine. Treat it like a divine place and it becomes a divine place. Reverence for life, and for all there is in the universe, is the first condition of ecological spirituality.

Spirituality is also, and has always been, the realization of our inner potential, the actualization of the inner god within us. We have always lived in this planet like free birds, bestowed with all kinds of comforts and needs. In order to be good residents of Mother Earth, we need to return more than we have taken.

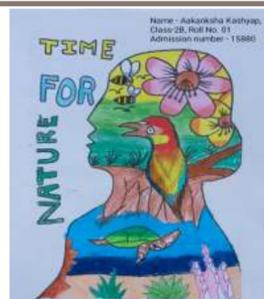
God is the supreme power and to worship God in our times, is to save the planet. If we lose the environment, we lose God. Healing the planet and healing ourselves is spiritual work of the first magnitude in our day and age. Whatever our race and religion, ecology binds us all together. Ecology not only makes us all walk hand in hand, but it also enables us to nourish ourselves as well as the future generations.

As the world evolves, changes and unfolds, knowledge grows and unfolds, the human mind changes, the

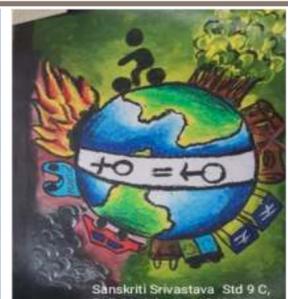
## ART GALLERY



Name - Tazayeen Imam, Class- 3C,  
Roll# 54, Admission number - 15299



Name - Akanksha Kadryns,  
Class 2B, Roll No. 01,  
Admission number - 15880



Sanskriti Srivastava Std 9 C,  
Roll 46, Adm no. 12464

## SACRED SUSTAINABILITY

"When the soil disappears,  
the soul disappears"  
- Yamber Delecto.



Dr. Sweta Sinha  
PGT Biology

The ethics of "Sustainable Development" requires the present generation to use the environmental resources in ways that do not jeopardize the ability of future generation to meet their own needs. The importance of ecological preservation and conservation has been greatly realized in recent years as a result of mechanistic and capitalistic style of resource utilization. Thus ecological sustainability totally depends upon spiritual awareness and an attitude of responsibility.

We must remember the true evolutionary purpose of our lives. Nature is resilient, but human impacts can be so intense and accumulate over time to the point of diminishing that capacity. As we have gradually lost our connection with nature, we have also

lost the ability to see the damage we are wreaking upon ourselves in raping and pillaging nature upon whose bounty and grace we are entirely dependent.

We must recognize that the Earth is a living organism, not something inert to be exploited without restraint. Therefore there is a need to reconnect to our own inner nature. To reverse our catastrophic freefall into self destruction, we must reconnect to the earth with love and responsibility. The minimal code of intrinsic values for right conservation and preservation of the spirit of sustainability is formed by reverence, the deeper vision of the sanctity of life;

responsibility, connecting link between ethics and rationality and grace without waste.

The reverential development is an exposition of integration between dharma and karma. Humans must significantly reduce their ecological footprint, if for no other reason than for their own survival and well-being.

## HONOUR AND RESPECT OUR CREATORS



Mrs. Chandan Kumari  
PRT

Eco-spirituality teaches us to honor the earth. We should walk on the earth with humility and reverence, not with the arrogant air of an insensitive landlord. We have to respect Mother

Earth as a creator. There is a need to understand that we are part of a web of life, and are fully interconnected with the biosphere. This connection to all living beings is spiritual and sacred. The top environmental problems are selfishness, greed and apathy and to deal with these, we need cultural and spiritual transformation. Unfortunately, we have a tendency to put our economy above everything else and it is the main reason for most of the environmental problems.

So, we need to change our mindset and our lifestyle to get real solutions for the environmental problems.

"If it can't be reduced, reused, rebuilt or resold, then it should be restricted, redesigned or removed from production."

## IN-HOUSE TRAINING



## TOPIC: IMPORTANCE OF GRATITUDE

DATE: 05th November, 2022

PRESENTER : Mrs. Ruby Sengupta

"Thankfulness is the beginning of gratitude. Gratitude is the completion of thankfulness. Thankfulness may consist merely of words. Gratitude is shown in acts."- Henri Frederic Amiel

A session of in-house training was presented by Mrs. Ruby Sengupta on 05th November, 2022. Every child must understand that gratitude is very important quality of life, making the existence more sensible. Though understanding how to be grateful is essentially a lifelong learning process. There

are different ways to inculcate those qualities in children in a gentle and relatable way. People who were grateful for things that happened to them in the past, felt happier in the present and more hopeful about their future. Teaching gratitude to kids is one of the most challenging part. Instilling gratitude in kids at a young age could help them grow up to be happier people. One who practises gratitude gets several benefits as it improves health, elevates mood, increases energy, patience and optimism. Gratitude also protects from stress.

"Always have an attitude of gratitude."



## TOPIC: CHILD PSYCHOLOGY- UNDERSTANDING DEVELOPMENTAL STAGES

DATE: 19th November, 2022

PRESENTER: Mrs. Isha Chakraborty

An in-house training session was presented by Mrs. Isha Chakraborty on 19th November, 2022. Child psychology is one of the many branches of psychology. This particular branch focuses on the mind and behaviour of a child from prenatal development through adolescence. Child psychology deals not only with how children grow physically, but with their mental, emotional and social development as well. Jean Piaget is regarded as the founder of modern child psychology. His work from the 1920s onwards, supported the idea that children and adults think

differently from each other.

The study of child psychology is both wide and deep. The goal is to study the many influences that combine and interact to help kids who they are and to use that information to improve parenting, education, child care and other areas focused on benefiting children.

## ECOLOGICAL SPIRITUALITY: A way to an adoption of new living



Rashmi Mehta, PGT English

There might be several connotations or theories to explain the term 'Ecological Spirituality' but in my opinion, it's a man's complete submission before nature and in every way i.e., physical, mental and spiritual. Ever wondered, in ancient India, why these rishis/ sages went to live in mountains or resided in deep forests. Their huts pitched in the lap of scenic beauty, in the midst of the lush greens because they knew that nature is a perfect abode for mental relaxation and spiritual guidance. Even Lord Buddha attained his enlightenment, after along year of meditation, by sitting under the Bodhi Tree. Even during the Mahabharat period, kauravas spent their exile by wandering through forest and a similar illustration in is seen in the Ramayana

as well. Basically, the motive was not only to serve the exile period or observe penance but to train their mind and heart during the process, to realize their inner self and capabilities, and to adapt them to natural environment, or learn the skills of "survival of the fittest". Basically, these illustrations or their lives is a message to the whole mankind that nature can be tough tutor but it also cares as a gentle mother. All great religious and spiritual leaders have regarded nature as a great source of enlightenment and renewed knowledge. Thus, proved Ecological Spirituality is not a gift of the modern thinking but has been existing for centuries and ages. Whether it's the earthly odor of the soil after the first rain or the feel of the wet grass under our bare feet, invigorates all senses. Even nature responds to our call, but in its own ways but the problem is we have shut our ears. It's time that we break those man-made walls and 'Return to Nature'.

Nature can surpass the world's best comfort and luxuries. Even the psychologists have proved, that nature can enhance the chances to cure even prolonged sickness and cure mental health. Even brisk walks in the garden, can do wonders and change one's mood.

That's the influence nature has on us after all 'A Thing of Beauty Joy Forever!'



## TOPIC - IMPORTANCE OF PERSONAL HYGIENE AND NUTRITION

DATE- 26th NOVEMBER, 2022

PRESENTER - MRS. SWATI SINHA

Personal hygiene and nutrition is important for a healthy lifestyle. Personal hygiene practices reduce the micro organisms load which are responsible for causing different diseases. Nutrition enhances our immune system.

Personal hygiene is a condition of promoting sanitary practices to the self. Personal hygiene practices include brushing teeth daily, changing clothes, taking bath regularly etc. There are different components of personal hygiene. Some of them are - oral hygiene,

hair hygiene, nail hygiene, cloth hygiene and face hygiene.

Keeping body parts clean protects us from different types of diseases. Children should be taught to keep themselves clean at a very young age. Nutrition also plays a very important role in leading a healthy life. There are different classes of nutrients, such as carbohydrates, proteins, vitamins, minerals, fat and water. Nutrients rich food should be taken for proper growth and development. Deficiency of nutrients in the body leads to malnutrition.

Malnutrition can be categorised into different types- under nutrition, over nutrition and micronutrient deficiency malnutrition. The chances of malnutrition can be avoided by taking a balanced diet.

A balanced diet is a diet that contains different types of food in correct proportion. A food pyramid is a type of chart which shows which type of food item should be taken maximum and which one is to be avoided. The food that we eat also affects our brain. We should take food that boosts our immune system and energises our body.

'A healthy mind lives in a healthy body'. Keeping this, we should practice personal hygiene and eat a balanced diet.

**ECOLOGICAL SPIRITUALITY**

We abuse land because we regard it as a commodity belonging to us. When we see land as a community to which we belong, we may begin to use it with love and respect.

**Vishesh Vaibhav**  
IC  
Adm.No. - 16533

**ECOLOGICAL SPRITUALITY**

Ecological Spirituality means "an expression of the spiritual connection between human beings and the environment." What is the purpose of life, where did I come from and where do we go after death! There is a spiritual connection between human beings and their following religions.

All the religions that exist on the earth follow the rules of eco-spirituality. It refers to the intertwining of intuition and bodily awareness pertaining to a relational view between human beings and the planet.

**Manha Tauseef**  
IID  
Adm.No. - 15762

**SWEET PEACE**

My gaze into the world is transforming  
Into her inward gaze of love and compassion  
Within me and with me,  
She gazes unperturbed  
In all directions,  
Effortlessly sending her nurturing light

To all her creations.  
She is one in herself  
Her loving gaze pervades everything  
I find my shelter in her  
There is silence and sweet fulfilment.

**Navya Kumari**  
IIB  
Adm.No. - 15919

Spiritual Ecology is an emerging field in religion, conversation and academia recognizing that there is a Spiritual facet to all issues related to conversation, environmentalism, and earth stewardship. It can all be defined as "a manifestation of the spiritual connection between human beings and environment." The new millennium and the modern ecological crisis have created a need for environmentally based religion and spirituality. It connects the science of ecology and spirituality. It brings together religion and environmental activism.

**Nazni Singh**  
VII D  
Adm.No. 13159

Ecology is not only limited to the fields of development but is also a very important part of our culture and religion. In India, our culture is greatly influenced by nature. In our country, there is a practice of worshipping rivers and mountains. These things have been a part of our life for thousands of years but today in this fast moving world, we are getting away from our cultural roots. By being connected to our cultural roots, we can take a positive step towards sustainable development. It is rightly said, if we want to conserve something first we need to respect it by heart and mind.

**Sharanya Raj**  
VII D  
Adm.no. - 13368

Spirituality is often seen as a personal matter, but it can also be viewed as a way of connecting with the natural world. This concept is based on the belief that humans are a part of nature. Eco-spirituality often includes a sense of respect for all forms of life, a belief in the interconnectedness of all things, and an emphasis on living in harmony with the natural world.

**Keshav Gupta**  
XIB  
Adm.No.16620

Ecological spirituality is based on the fundamental belief in the sanctity of nature and the universe at large. It aims that the realisation that we humans are a part of it and not above or below it. Traditional eco spirituality which includes worship of different elements of nature has been practiced by indigenous people since the ancient era. From this perspective, Ultimate Reality is something which is an ongoing process of Creation. It helps us in gaining a greater insight into the mundane reality of physical world and our natural surroundings.

**Navneet Kumar**  
Class XI B  
Adm.No. 16605

The whole Earth is a living icon of the face of God. Ecology and spirituality are fundamentally connected because deep ecological awareness ultimately is spiritual awareness. Intelligence is the ability of a species to live in harmony with this environment. All ecological problems are rooted in irresponsible growth of human population.

**ABHINAV RAJ**  
III A  
Adm.No. - 15346

Spiritual ecology is very important in our life. Ecology means a better environment and Spirituality means internal peace. In our society the biosphere has to be in a good way so that every person in the society lives in harmony. The good biosphere is connected to all living beings and it is seen as spiritual sacred. As for example in the country Philippines there were environmental problems and those problems needed to be addressed such as excessive mining, recurrent flood, pollution etc. were giving manifold problems that were addressed by spirituality. Now people adopt spiritual methods and preserve the ecology. In India too, people are adopting these spiritual ways to uplift their lives.

**Nishtha Preyashi**  
VII A  
Adm.No.13191

Unlock the path of spirituality,  
Unravel the journey of life,  
Undo the lane of squander.  
Redo the virtues of life.  
Create a life with spirituality that  
feels good on the inside,  
Not just one that looks good on the outside.

Spirituality in all forms is inclined towards humanity.  
And so is humanity inclined towards spirituality.

**Mahi Singh**  
VIII D  
Adm.No. 12832

Sustenance of spirituality today,  
For a life full of values tomorrow.  
God lies within,  
Spirituality lies within,  
Ecology lies within,  
So, is the sustenance and  
perseverance of all the three to  
serve humanity.

**Oojam Vikas**  
VIII D  
Adm.No.13393

Eco-spirituality is a philosophy of respect towards our planet and the multitude of species that co-inhabit our mother Earth. It expresses the inclusion of spirituality with ecological perspectives. It offers spirituality as a solution to ecological crisis. Our materialistic world focuses just on plundering and exploiting the natural resources. So, we need to realise that earth is also a living organism and we cannot exploit it for our benefit.

**Ritu Srivastava**  
XIB  
Adm.No.16601

Nature is a very important aspect of life. Humans heavily rely on nature for their basic needs. In the words of Emily Darkheim, "Nature is the birth place of religion. Getting back to nature, in one form or the other is very crucial in maintaining the ecological balance and to some extent solving the modern climate crisis." Rightly, in this regard, many movements have taken place around the world. The major reason for these movements is spiritual connection between humans and nature. This consciousness has gained political support also as recently, our honourable Prime Minister, in Glasgow Summit 2021 gave mission "life" i.e., lifestyle for environment wherein he urged people to adapt eco-friendly ways of life.

**Keshav Kumar**  
XIB  
Adm.No.16701

The spiritual experience of God was summed up in St. Benedict's dictum, 'To work is to pray'. All people need is good intention to serve and praise God and over time, this attitude gave birth to spirituality. Many people claim to have found God while doing their daily work like ploughing, weaving and baking. However, human beings have found ways to exploit and manipulate the very forces that shape nature. Ecological spirituality sharply challenges our behaviour. It acts as a warning that we need to realise that earth is our home and it is a part of divinity. There is no spirituality without obedience, respect and moral mandate towards nature.

**Adhrita Srivats**  
XIB  
Adm.No.16721

**ART INTEGRATED ACTIVITY: TRIPURA AND MIZORAM**

CBSE has paired Bihar with Tripura and Mizoram. This has been under the Central Government ambitious scheme " Ek Bharat Shreshth Bharat Abhiyan". Therefore, the students of high school were shown power point presentation on the topic "Water Conservation and Purification ". Students got information about the indigenous water conservation method such as 'Zabo', 'Ruza' system, rooftop rainwater harvesting and purification methods such as 3-pot filtration system and many more. It was very beneficial for the students with the information on traditional methods of Jal Sanchay, which was conducted by resource person Dr. Ramakar Jha, Prof. Civil Engineering, NIT Patna. The session was indeed, very knowledgeable.

**INTER-SCHOOL EXHIBITION**

On November 5, 2022 an inter-school exhibition was held in St. Mary's School, Masaurhi. The exhibition was very well organised. Throughout the exhibition, students witnessed many innovative ideas that reflected the use and understanding of the current world problems, such as solar power vehicle, river cleaning systems etc. It was indeed a wonderful experience.

**HUB MEET FOR PRINCIPALS**

On November 7, 2022, a Principals' meeting was organised for the members of hub member schools. The venue was PatliputraVidyapeeth. The meeting was attended by respective Principals of Loyola High School, ST Raza International School, Mayfield Global School and Patliputra Vidyapeeth. A warm and heartfelt welcome was given to the attendees by the Principal of Patliputra Vidyapeeth. The purpose of the meeting was to plan upcoming events and draw out an academic calendar for the coming year. The meet was a success and indeed led to a fruitful conclusion.

**SEMINAR ON SMART EDUCATION**

A seminar on 'Smart Education' was held in the school on November 24, 2022. It was organised for the students of Std. IX and X. The resource person was Mr. Acharya Pawan, who is a fluent and a convincing public speaker. He demonstrated the purpose of smart education by starting with an indeed motivational and eye-opening story, followed by the abbreviation of the word "SMART", and one after the other sinking with the story. Each student was also given a brain diary so that they could reprogram their brain's software for betterment because education is the sword with which we can win any war.

**EUREKA QUIZ 2022**

The "Eureka quiz", organised by All India Montfort Schools' Association, is one of the most awaited and prestigious events of Montfort School. This year, it was held in Hyderabad, Telangana. The event was conducted at Little Flower High School, ABIDS, Hyderabad on November 5, 2022. Neerav and Kaustubh of grade X were the participants from our school. They were warmly received and were provided good accommodations. Dr LalhrizualalRalte, IAS, DC, Aizwa, was the chief guest for the event. It was also attended by Rev. Brother Shajan Antony, the Principal, Rev. Brother Shine Alex, teachers and enthusiastic students in the audience. The Quiz Master was Dr. P. Gopi Krishna. Eight teams from eight Indian provinces participated in the quiz. It was divided into four rounds: general questions, timer questions, buzzer questions and rapid fire questions. Both students from our school showcased their talent, teamwork, confidence and concentration and returned with fond memories. It was a proud moment for our school as they realised that they were a part of a big Montfortian family spread across India.

**ART INTEGRATED ACTIVITY: TRIPURA AND MIZORAM**

An informative seminar was organised for the students of Class X on the topic "Studying the traditional methods of Jal Sanchay or Water Storage in Paired States/UTs (Tripura and Mizoram)" on 20th October, 2022. Dr. Ramakar Jha, Professor, National Institute of Technology, Patna, Bihar was the Resource Person of this seminar. The students actively participated in this seminar. It helped them to broaden their perspective and learn about the various water storage methods.

**RANGOLI COMPETITION**

Rangoli is a traditional art form of decoration that brightens up an occasion and is believed to be a harbinger of good luck. Keeping up with this thought, the talent and creativity of students were well brought out in an inter-house Rangoli competition organized on November 19, 2022 for the students of grade VI to VIII. Four different groups from four houses participated in the competition. The competition motivated the students to perform and outshine in their creative skills and most importantly, work as a team to bring laurels to their respective houses. The judgment was based on creativity, neatness, design, colour combination and overall appearance. This competition helped students remain in close touch with their culture.

**INTER-SCHOOL CHESS TOURNAMENT**

Our school participated in Inter-School Chess Tournament at Dr. D.Y.Patil School in 'Girls' as well as 'Boys' category. It was held on 26th and 27th November, 2022. In girls under-11 category, Somya Verma got a silver medal and in boys under-14 category, Gunagya Singh also got a silver medal.



## CHILDRENS' DAY CELEBRATION 2022

Childhood is a blessing and the most fun-filled phase of life. Loyola High School celebrated Children's Day on November 14, 2022, with great festive fervour to commemorate the 129th birth anniversary of Pandit Jawaharlal Nehru. The Children's Day Programme had a series of interesting and exciting events, all meticulously planned for complete entertainment. The programme began with a prayer, followed by the lighting of a lamp by the honourable Principal and students. A floral tribute was given to Pandit Jawaharlal Nehru in his honour. A variety of cultural events, ranging from songs, the lazy dance, and news reading, were presented by the teachers. The primary teachers enthusiastically performed a dandiya dance followed by an instrumental performance. They also enacted a skit, and their humorous and witty dialogue received appreciative comments from the students. The high school teachers presented a humorous skit on "Mobile Addiction," which left a lasting impact on the students. Bro. Sudhakar Reddy, the Principal, expressed his thoughts and love for the children of the school. With such a vast arena of cultural events and fun-filled activities, it has proved to be a memorable day for the students. They enjoyed every moment of the programme.



## INTER-HOUSE CREATIVE WRITING COMPETITION

To enhance the imaginative power of the students, an inter-house creative writing competition was conducted on November 12, 2022 on the topic "The goal of life is living in agreement with Nature". The students from all the houses actively participated in this competition and showcased their creativity.



## INTER-SCHOOL GAMES AND SPORTS 2022

The Patliputra Sports Complex witnessed the commencement of Khelo's Inter-School Tournament on 5th November, 2022. The opening ceremony had the gracious presence of Shri Awdhesh Narayan Singh, Padmashree Dr. R.N. Singh, Shri Abhijeet Kashyap and Shri Mrityunjay Tiwari. The tournament held from November 5 to November 14, 2022. Over 30 schools participated in 15 games including football, basketball, kabaddi, table tennis and various other athletic events. Our school secured the champions' trophy in football. Our football team defeated St. Dominic Savios High School in the semi finals by 4-1. In the finals, our team defeated Delhi Public School by a score of 1-0, and secured the first rank. Our girls in basketball team defeated St. Joseph's Convent High School; however, they had bad luck against DAV B.S.E.B. The boys' team had a tough competition but lost against Delhi Public School. Our table tennis team secured the bronze medal in U-19 category. Abhishek Kumar of Std - XI'E' bagged the gold medal in long jump and Rohit Lakra of Std- XI'C' secured the bronze medal in 200-meter race. All our players showcased great spirit in the event and made our school proud.



## INTER- SCHOOL KHO-KHO TOURNAMENT

Inter School Kho-Kho tournament was conducted in the premises of Loyola High School, Kurji, on November 12, 2022, for the Hub Member Schools. The participating schools were Patliputra Vidyapeeth, ST Raza International School, Mayfield Global School and Loyola High School. The tournament began with an inspiring speech delivered by the Principal of Loyola High School, Rev. Brother YeruvaSudhakar Reddy. The principals, teachers and coaches of other participating schools were also present at the event, to encourage their respective teams. The final round was played between Loyola High School and Mayfield Global School where Loyola High School bagged the winners' trophy in both the girls and boys category and Mayfield Global School became the runners up. The tournament turned out to be a specimen of true sportsmanship and courage.



## NATIONAL PAINTING COMPETITION 2022

On November 11, 2022, National Painting Competition was conducted at Rajendra Mandap, Rajbhawan, Patna, for the students of age 5 to 18 years. More than 650 students participated in this competition in different groups i.e. Green(5-9 years), White(10-16 years) and 2 special groups (for differently abled children): Yellow (5-10 years) and Red(11-18 years). Loyola High School participated in Green and White group, where Udita Arya(Class IX) and Mansi Rai (Class IX) bagged 2nd and 3rd prize respectively. On November 14, 2022 a prize distribution ceremony was held at Rajdarbar, Rajbhawan, Patna, in which Shri. Phagu Chauhan (the honourable governor of Bihar) felicitated the prize winners. The teachers, parents and prize winners were also present at the time of the event. All the students enthusiastically participated in the competition by exploring their imaginations and enhancing their creative skills in their own artistic periphery.



## HINDI ARTICLE



## PROSPECTIVE RESOURCE PERSON TRAINING PROGRAMME

COE Patna organised a two day Prospective Resource person Training Programme on the topic 'Ethics and Integrity' on 22nd and 23rd November, 2022. Mr. Rajiv Srivastava, Principal, Unnati English Academy, Surat - Gujarat and Mrs. Leena Krishna Kumar Nair, Principal, New Era Senior Secondary School, Vadodara - Gujarat were the resource persons. Teachers and Principals from various schools participated in the program. The seminar aimed to create an environment in which existing practices and policies can be critically examined and students can be sensitized. The two-day workshop included topics ranging from cognitive dissonance, understanding integrity, Kohlberg's stages of moral development and A to Z of ethics. Teachers appreciated the use of innovative ideas and actively participated in the discussions. The seminar was very informative and productive.

