



LOYOLA HIGH SCHOOL

KURJI, PATNA, BIHAR - 800010 Website: www.loyolapatna.edu.in

NEWS LETTER

"Sustainable Development"

Adoption of Simple and Healthy Lifestyle



Message from Academic Coordinator



The pandemic years have brought a valuable lesson starkly before us - a happy life need not be one of the riches and luxuries but simply one of finding health and happiness in a few simple things of life. A healthy lifestyle therefore is all about making the right choices - mental, physical and spiritual.

We always seem to have our fingers on the 'panic button', stressed about everything, there seems to be just not enough time to complete an assignment or to meet a

deadline. Taking a pause or eating healthy is the last thing in the minds of young and old. In recent years stress and stress related problems have grown in leaps and bounds in India.

The rhetorical question then is, "Life's like that, what can I do?"

True, life's challenges are many but we possess the elementary knowledge to face it well - we need to believe in it. The body needs a balanced diet and adopt kinds of practices and habits which prevent health issues. Skipping meals, over indulgence, eating junk food are all pre-runners to major health problems. Dieticians have extolled the virtues of simple Indian meals- it has carbohydrates, proteins and fresh seasonal veggies. You don't have to go far- no exotic diet plans! Just resort to

what our forefathers advised us to do - The body does remember and does not forget to punish if we use it as 'a waste bin'.

To savour life, seek to find contentment in simple things like a quiet space to relax, solitude to contemplate life, family time, reading a book, going for a walk, enjoying the changing seasons or listening to music. Ponder on it, how many of these are within our reach?

The valuable lessons to impart young and old is learning to de-clutter by sharing our things, letting go of possessions when we really do not need them. In a consumeristic world we must be kind to the environment by not yearning for every new gadget or thing before us. These are not there to impress people or fulfil our insatiable greed but only for our need. Life can exist wonderfully well with awareness, self-discipline and minimalistic use of our resources.

Let's learn to be simple and frugal in our ways, you will be astonished to see how uncomplicated, peaceful and happy life can become. Our personalities will undergo a change- a spirit will be born, confident and radiant, our planet will find the key to sustainable life. According to the Zen masters-

'The best kind of life is one of simplicity which exposes the raw beauty, joy and heartbreaks of life as it is.'

So adopt simplicity, relax & relax so deeply that you become a revelation to yourself.

Ms. Rita Singh

Academic Coordinator



Sustainable living is about a lifestyle that reduces an individual's or society's use of global natural resources. Looking at today's scenario, sustainable lifestyle has become the need of the hour. It is now a necessity for the resources to be available for the future generations. Adoption of a healthy and sustainable lifestyle is rooted in the idea of sufficiency, promoting moderation in the use of created things and in the use of energy. For the adoption of a simple and sustainable lifestyle, actions could include reducing waste and recycling, adopting sustainable dietary habits and reducing the use of fossil fuels by greater use of public transport, use of cycle for short travel etc.

For a sustainable lifestyle, various short-term plans have been brought up. Avoiding costly equipment and luxurious goods is one good option.

Another option can be by avoiding lavish celebrations and functions in institutions and communities to reduce the expense. Sustainability is simply everything that we need for our survival and well-being, either directly or indirectly from our environment. Sustainability creates and maintains the conditions under which humans and nature can exist in productive harmony, that permit fulfilling the social, economic and other requirements of present and future generations.

Mrs. Shiny Jacob, Assistant Teacher



When we talk about lifestyle, it means the way we live our lives. It suggests our approach, our behaviour towards it and the lenses we use to look at it.

To keep our health a priority, we must adopt a healthy lifestyle. A healthy lifestyle includes eating healthy food and being active. Real health includes getting enough sleep, practicing mindfulness, managing stress and keeping mind and body fit which in turn feeds us to be healthy.

Anybody can build healthy habits, but one needs to know how to do it effectively. Although staying healthy can feel like a giant leap, but it doesn't have to be. Working small, positive steps into our daily lives can help us towards building a healthier life routine.

Good health is not just about avoiding a disease or illness. If we will only look at the 'surviving' aspect of healthy lifestyle, then we are looking at it superficially. Healthy lifestyle is about physical, social, mental and spiritual well-being, all looked at, TOGETHER.

Ms. Anumeha, PRT, English



आ अब लौट चले

जैसी हमारी सोच होती है, वैसी ही हमारी जीवन शैली होती है।

आधुनिक जीवन में हमारी सोच में एक बहुत बड़ा बदलाव आया है जिसने हमारे जीने के तरीके को पूरी तरह से बदल दिया है। अब हम रोटी की जगह पिज्जा खाना, शारीरिक श्रम की जगह जिम जाना तथा भजन-कीर्तन की जगह नए-नए म्यूजिक बैंड गुप के गाने सुनना पसंद करते हैं। यूँ कहिए कि जीवन-स्तर को मापने का पैमाना ही बदल गया है। अपने आप को साबित करने के प्रयास में हमारा जीवन अति व्यस्त हो गया है। हम सब बस भाग ही रहे हैं- पर कहाँ? पता नहीं!

इस दौड़ में हमने अपने स्वास्थ्य, मनोरंजन, सुख-शांति तथा नैतिकता सबको दौंव पर लगा दिया है। इससे पहले कि काफी देर हो जाए, हमें अपनी जीवन-शैली में बदलाव लाना होगा। वापस लौटना होगा। हमें बदलते तकनीकी युग के साथ कदम से कदम मिलाते हुए एक सादे एवं स्वस्थ जीवन-शैली को अपनाना होगा।

इसके लिए हमें घर में बने भोजन खाना तथा व्यायाम एवं खेल के साथ ही पर्याप्त नींद लेना चाहिए। परिवार के साथ समय बिताना तथा बुजुर्गों की सेवा करना भी एक ऐसी साधना है जिससे आंतरिक सुख एवं शांति मिलती है। यही हमारे पूर्वजों का मंत्र एवं यंत्र दोनों था और वास्तव में यही स्वस्थ, टिकाऊ एवं धारणीय जीवन-शैली है।

यकीन मानिए ये बहुत बड़ा काम नहीं है। इसके लिए सिर्फ सकारात्मक सोच की जरूरत है क्योंकि जैसी हमारी सोच होगी, वैसी ही हमारी जीवन-शैली होगी।

श्रीमती कैथरीन ओस्टा
PRT



"It is said that it's easy to learn and maintain bad habits but it is very difficult to switch back"

The issue of a healthy life style is very serious but people take it very lightly. Often, it is seen that the people take steps to improve their life style but due to lack of determination they are not able to do so.

A person is said to be healthy if he/ she is physically, mentally, socially and emotionally fit. But sometimes a question comes to our mind that are we fit and healthy?

In today's time, people are so busy with their work that they forget to take care of their health and well-being.

The secret of being healthy and physically fit is the adoption of simple and healthy life style. A simple and healthy life style includes regular exercise, a balanced diet, proper sleep schedule and being physically active.

A simple and healthy life style makes a person more confident, self-controlled, disciplined and more energetic.

It is truly said that "Health is Wealth". Wealth cannot purchase good health. Wealth is less valuable when compared to health, having all the luxuries of the world do not fulfil its purpose when one is constantly ill, depressed or having any health complication. A healthy person has a clean and clear vision of everything.

Pursuing a simple and healthy life style is very essential in maintaining a healthy and cheerful life, for this we must have:

Self-discipline
Balanced Diet
Proper Exercise
Sound Sleep
Positive Thinking
Social Activeness
Punctuality

I would like to sign off by saying that it takes some time to develop a healthy and simple lifestyle.

"Health is the quality of life to live most and serve the best"

Mr. Kaushlendra Kumar

Physical Education Teacher, TGT

IN-HOUSE TRAINING



Topic - Classroom Management

Date : 17.09.22

Presenter - Mr. Niranjana Kumar

A session of in-house seminar on the topic "Classroom Management" was conducted by Mr. Niranjana Kumar on 17th September, 2022. The session started with invoking the Almighty's blessings. It was a comprehensive and detailed presentation on the different aspects necessary for effective classroom management. Classroom management is the process of ensuring that classroom lessons run smoothly without disruptive behavior from students compromising the delivery of instructions as well as effectively responding to it after it happens.

Some effective factors for classroom management were also discussed. A few of them are-

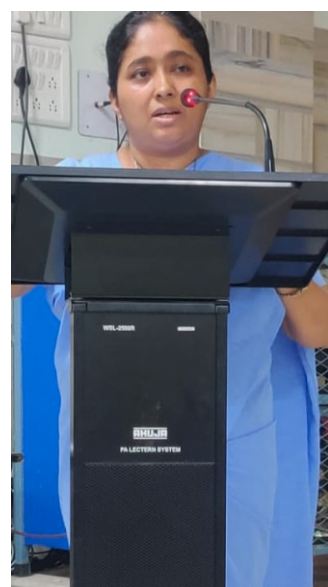
To bring out the best in the students, a teacher must have a good command on the lesson and the delivery of the lesson should also be interesting.

It is also important to communicate the behavioral and academic expectations as well as making the learning environment cooperative so that the classroom becomes enjoyable and satisfactory.

The teaching process and results achieved by students also depends on the teachers' performance. Teachers discipline assessment should comprise of factors like punctuality, model behavior patterns exhibited before the students and conformation with the school rules.

A teacher must try to avoid dull moments so that the attention of the students is retained.

A balanced reward system, in order to praise the students' efforts and success will act as a positive reinforcement. The seminar concluded with the reiteration of the point that classroom management is a skill which can be mastered over time in a step by step way.



Topic - Connecting and communicating with parents

Date: 17.09.22

Presenter: Sr. Carmine

Teachers strive to establish partnerships with parents to support student learning. Strong communication is important for this partnership and to build a sense of community between home and school. In these changing times, teachers must continue to develop and expand their skills to maximize effective communication with parents.

Teachers play a pivotal role in the life of students. They put every effort in the learning of the students, so for this a strong communication is very important with parents for the welfare of the students. And an effective and productive connection is needed between teachers and parents. Why is it important? It is important because we need to have collaboration with parents. Without the support of the parents, it is not at all an easy job. So, getting connected with the parents and communicating with them at a regular interval becomes very essential for all of us for the betterment of the students. This helps the teachers to know and understand the students in a better manner and the parents too. Regular communication with parents helps the students to score good marks, increases their motivation for learning, brings changes in their behavior, they become regular to the school, a positive attitude towards homework and school is grown, and as a whole they understand the importance of education as well as enjoy school life. Therefore, let us get connected with the parents on a regular basis.

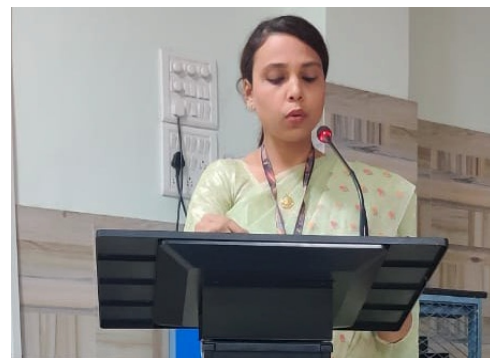


Topic - Digital Learning and Management.

Date - 17.09.2022

Presenter- Sharon Anthony Murmu

Education is a continuous lifelong process of learning. It prepares youngsters for greater challenges in life through capacity building and imparting skills. Our endeavor should be to enable our youth to be future ready by making our education system modern and globally competitive. In a constantly changing world that is becoming increasingly digital, tools and platforms are becoming ever more integral to our personal and working lives. Digital learning increases access to education and knowledge while empowering students with a mindset and capabilities that sets them up for success in their present and future. Digital learning is the biggest adaption and platform that bring excellent knowledge, growth, and development to the students. To change not only what we learn, but also how we learn is the need of the hour. The involvement of digital platforms, the virtual world, augmented reality, online libraries, and webinars are the new chalk and board of our education system while search engines have become the new library.



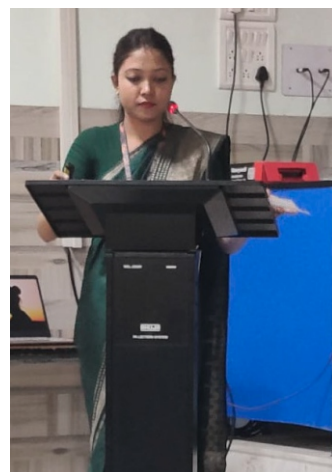
Topic - Blended Learning

Date - 17.09.2022

Presenter- Ayesha Nadeem

"The roots of education are bitter but the fruit is sweet". - Aristotle.

Blended learning is a natural by-product of the digital era that surrounds us today. It is not just using e-resources or taking online classes, it is a blend of both classrooms teaching and online learning. It is a judicious mix of both. This learning approach makes sure that the students remain engaged and their overall learning experience is productive. It allows the individual to work at their own pace, learn, master and then move on. In today's world, the learning and working environment offers unparalleled opportunities for online training facilitation just by adopting a blended learning approach. This learning strategy can be applied to any program which holds on to the values of traditional learning and incorporates digital media with that. The approach is a lot more efficient, effective and appealing to individuals than ever before. Blended learning is the present and future of learning. It's time to step in!



Topic: Selection of Effective Teaching Learning Material

Presenter: Lata Kujur

Date: 29/09/2022

If a child can't learn the way we teach maybe we should teach the way they learn. - Ignacio Estrada.

Teaching Learning Materials (TLMs) are the tools that are used by the teachers to facilitate learning and understanding of concepts among the students with ease. It provides a range of experiences to the learners and when used properly it can motivate the learners towards acquisition of knowledge.

We have different types of learners in the class mainly visual learners, auditory learners and kinesthetic learners. So, to cater their needs there are various TLMs that need to be incorporated by the teachers. There are various advantages associated with the use of TLMs and the criteria for its selection should also be kept in mind. Thus, selection of effective teaching learning material plays a vital role because the objective of education is learning not teaching.

Adoption of a simple and healthy lifestyle is very important in our day to day life. Healthy lifestyle includes regular exercise, self-discipline, punctuality, proper diet, prevention of diseases and practicing good habits.

A person having a simple and healthy lifestyle, has a clear and calm perception of everything. His actions and decisions are more practical and logical.

By adopting a simple and healthy lifestyle we can be more productive, confident and successful. We also develop the ability to perform the work in a better way and can prove to be a good decision maker for ourselves and society.

Aditya Ranjan

II C

Adm.no. - 15820

Fitness is very important to be healthy. Good health is the real wealth. Fitness of our mind and body makes us healthy. Eating healthy food is good for our body. It provides us with essential vitamins, proteins, carbohydrates and minerals. We must develop the habit of doing exercise daily. We should sleep for 6 to 8 hours daily. Health is more important than money. We must take care of our health in order to be fit. Healthy and fit people live a happy life.

Advay Sinha

II C

Adm. No.- 15837

A simple and healthy lifestyle cannot only help us feel better, but it can also reduce the risk of some diseases, lengthen our lifespan, and benefit the environment.

We must take some time out in our day and focus on self-care, meditation, buying quality food.

Socio-economic status, level of education, family, kin and social networks, gender, age and interpersonal influences all affect the choice of lifestyle.

We can adopt simple and healthy lifestyle by having:

- Diet -eating plenty of fresh non- processed foods, drinking 64 ounces of water every day, and limiting caffeine and alcohol intake.
- Exercise- Regular exercise gives fitness.
- Sleep- Good sleep helps to improve our brain performance and health.
- Socialization- It is also a key part of individual development.

Thus, we must pledge to live a healthy and simple life.

Roshan Verma

IV B, Adm. No. - 14809

We must pledge to stay healthy and clean

Through exercise and good hygiene.

We must eat balanced meal everyday

To have more energy to learn and play.

We must focus on reducing, reusing and recycling process

To avoid lavish luxurious goods to adopt healthy lifestyle.

We must prefer walking, cycling and public transport and work hard to be strong

Then we will be happier our whole life long.

Manha Tauseef

II D

Adm. No.- 15762

A healthy lifestyle involves a lot of things like including a nutritional diet, daily exercise, adequate sleep, being happy and think positively. Once we choose to live a healthy life, it lasts all our life. It not only helps us live longer but also better and makes us less prone to sickness and diseases.

Piyush Kumar

IV D, Adm. No.- 14852

Health is more important than wealth, we can't buy health with money!

We can buy a lot of things, but without

Our health, days are longer and sunny!

If we enjoy good health, we're fortunate,

We should never take it for granted.

We have to eat right and get proper rest and make sure we exercise, as much as we can in a week.

If we implement these things in our lives, health will be ours!

Abhinav Kumar

IV D

Adm. No. 14757

Simple food, lots of fruits Healthy food, always suits
Trim your nails, once a week Keeps you, healthy and clean

Live clean, keep your surrounding green

Respect your seniors

Love your juniors.

Make a solution, to stop pollution

Pray the god everyday

Will keep you on the right path.

Don't be in a haste

You will do your best.

Arpit Shukla

IV D

Adm. No. 14762

Health does not come automatically.

Must have good health habits systematically.

Naturally, not by medicines, but finding the cause.

Look into the mind and give it a pause.

When we get sick, calm down,

Look into your Self-being.

What caused it, how can you stop and find healing?

When you find where you made a mistake.

Correcting it brings up healing, you will become awake.

Do not blame everybody for your problem,

You made it, possibly unconsciously with your own system.

Stop negativity, fear and blame.

Life will change without sickness or shame.

Ojeswi Chauhan

VIII C

Adm. No. 12757

The top secret of being physically fit is adopting a healthy lifestyle.

A healthy lifestyle includes regular exercise, a healthy diet, taking good care of self, healthy sleep habits, and having a physically active daily routine.

Lifestyle is the most effective factor that affects one's fitness level. A person leading a sedentary lifestyle has a low fitness level whereas living a healthier life not only makes a person fit but also extends life. Good health has a direct impact on our personality. A person with a good and healthy lifestyle is generally more confident, self-assured, sociable, and energetic.

A good and healthy lifestyle allows one to relish and savor all the pleasures in life without any complications. Even all the wealth is less valuable when compared to sound health. Having all the luxuries in the world does not fulfil its purpose when one is continuously ill, depressed, or suffering from a significant health complication. A healthy person has a clear and calm perception of everything without prejudice. His actions and decisions are more practical and logical and are hence more successful in life.

Satyankar Raj

VA, Adm. No. - 14298

As pollution is increasing and climate change is making its effect felt, it is becoming important for us to look for ways to take care of the planet and thus also improve quality of life. A few ways for adopting a simple and healthy lifestyle are:

1. Think twice before shopping.
2. Make sure your big purchases have big environmental benefits.
3. Go, Plastic free.
4. Boycott products that endanger wildlife.
5. Be water wise.
6. Drive less, drive green.
7. Green your home and choose wild energy.
8. Take the extinction of your plate.
9. Choose to have a smaller family.
10. Choose your voice and your vote.

Shourya Singh

VC

Adm. No. - 14249

Adopting a voluntary simple lifestyle contributes to a change in consumption patterns towards more sustainable ones, which is urgently needed. Maintaining a healthy lifestyle helps reduce our carbon footprint. Simple living refers to practices that promote simplicity in one's lifestyle.

Common practices of simple living include reducing the number of possessions one owns, depending less on technology and services, and spending less money. Clean air is key to a healthy community.

Paarth Vinayak

III D, Adm. No. - 15451

Less Soda, More Water

Less Alcohol, More Tea

Less Sugar, More Fruits

Less meat, More Vegetables Less Driving, More Walking

Less worry, More Sleep

Less Anger, More Laughter

Less words, More action.

Arisha Fatima

IV C, Adm. No. -14785

SLOGANS

Junk food satisfies you for a minute, healthy food satisfies you for life.

Piyush Kumar

IV D

Adm. No. - 14852

1. Love your body because it is your home and will stay with you till your last day.

2. When you lose fat, you are winning against illness. Burn the fat and forget about the rest.

3. Give your time to exercise or illness will take your time.

4. Invest in your health. It is the best investment with the most long-lasting benefits you will ever gain.

5. A happy body and mind is a sign of a healthy lifestyle.

Ashish Kashyap

IV C, Adm. No. - 14810

"Eat a healthy meal to help your body heal."

Anshika Sinha

IA

Adm. No.- 16327

Not feeling great? You're not alone. Everyone has their own set of excuses about why they don't exercise. 'I'm too tired...I feel okay, I don't need to exercise...I don't have time to work out. "This list is just as long when it comes to healthier eating. "Eating healthy costs too much...the junk food is for my kids... being heavy runs in my family. "These excuses and more merely set you up for failure and when you make excuses, you let those situations win. It's your life to live. Take control.

Why not reinvest that time that you spend making up excuses? You'll feel better and more confident with your newfound attitude. When you accept responsibility for your life and stop complaining about your current situation or what happened in the past, you refocus on where you want to be today and how you see yourself in the future.

A few ways to be healthy are:

- 1) Increase exercise
 - 2) Make the right choice
 - 3) Avoid white
 - 4) Stay colourful
 - 5) Protein power
 - 6) Eat consciously
 - 7) Drink water
 - 8) Snack better
 - 9) Eat slower
 - 10) Meditate mindfully
- Akshayaa
VIA, Adm. No. - 13702

THE REAL WORTH

Complaining feels so right,
When there is nothing that blights.
I feel guilty looking at children,
With haggard, starving eyes.
A morsel of food matters
Let us adopt simple healthy lifestyle
For them, if not for us.
'Profligating' our lifestyles,
Their hopes we just crush.
Last week I bought a sweater,
Beautifully decorated with feather
And hopped off to my friends,
To boast this extravagance.
But on the way I saw a boy,
With fists clenched and white.
I could have bought a simple one,
At that moment I realized.
Then I made a decision,
Enough to make a good start.
I went and gave him the sweater,
With all of my heart.
That moment was somewhere,
Like the best in our lives.
All the prodigality I had done,
I now recognize them as crimes.
Gazing at him I felt,
In them too, dreams dwelt.
And an ounce of simplicity it needs,
To unchain some smiles indeed.
Shatakshi Mishra
IX D, Roll No. 46
Adm. No.- 12352

सरल और स्वस्थ जीवन शैली एक बेहतर जीवन की नींव है। हमारे बुजुर्ग हमें पौष्टिक भोजन खाने, समय पर सोने और प्रत्येक दिन समय पर जागने पर जोर देते हैं। वह हमें आसपास के स्थानों पर वाहनों का उपयोग नहीं करने को कहते हैं। "स्वास्थ्य ही धन है।" स्वस्थ और सरल जीवन शैली अपनाकर हम विभिन्न बीमारियों को दूर रख सकते हैं और पूरी तरह से निरोगी जीवन जी सकते हैं।

"सादा जीवन उच्च विचार, स्वास्थ्य ही धन है, कहे संसार।"

शौर्य कुमार

कक्षा- 1D, एडमिशन नंबर- 16490

ACTIVITIES- REPORT



English Story Telling Competition (Class I to V)

"Stories are for joining the past to the future. Stories are for eternity, when memory is erased, when there is nothing to remember except the story". The final round of Inter-House Story telling competition was organised for the children of classes 1-5 on 10th September 2022. Group B children participated in an English story telling Competition. Children were asked to learn stories with Moral values. The eminent judges were the B.Ed trainees. Through this competition students got a platform to express their ideas and views in different ways. The competition helped students to improve their pronunciation, voice modulation, and expression. Children from all the four houses participated earnestly in the competition and their efforts and initiative was appreciated by everyone.



हिंदी कहानीवाचन प्रतियोगिता (Class I to V)

हिंदी कहानीवाचन प्रतियोगिता का फाइनल राउंड दिनांक 10.09.22 को संपन्न हुआ। इस प्रतियोगिता में कक्षा एक से पांच तक के बच्चों ने भाग लिया। प्रत्येक हाउस से दो-दो बच्चों का चयन फाइनल राउंड के लिए किया गया था। कुछ मिलाकर चालीस बच्चों ने फाइनल राउंड की प्रतियोगिता में भाग लिया। हर कक्षा से प्रथम, द्वितीय एवं तृतीय स्थान पाने वाले बच्चों का चयन किया गया। बच्चों ने प्रेरक एवं रोचक कहानियों को आकर्षक ढंग से प्रस्तुत किया।

हिंदी वाग्मिता (Elocution) प्रतियोगिता

10 सितंबर 2022 को लोयोला के प्राइमरी विभाग में वाग्मिता प्रतियोगिता का आयोजन किया गया। किसी विषय पर अपनी बात को रखने का यह एक उत्तम जरिया है। इसके लिए छात्रों को कक्षा के आधार पर अनेक रोचक विषय दिए गए थे। जैसे:- विद्यालय में मेरा पहला दिन, रूप बड़ा या गुण, वन रहेंगे- हम रहेंगे, मेरे सपनों का भारत, अगर विज्ञान का गलत इस्तेमाल हो.. आदि। अर्धवार्षिक परीक्षा निकट होने के बावजूद भी बच्चों ने इसमें काफी उत्साह से भाग लिया। हर हाउस से दो-दो बच्चों का चुनाव हुआ। 16 सितंबर 2022 को अंतिम चरण की प्रतियोगिता हुई। इसके लिए दो निर्णायकों को बुलवाया गया था। हर कक्षा में विषय-वस्तु, उच्चारण, शब्दों के उतार-चढ़ाव एवं प्रदर्शन के आधार पर प्रथम, द्वितीय एवं तृतीय स्थान पर विजेताओं का चुनाव हुआ। कुछ बच्चों का प्रदर्शन तथा उनके आवाज़ की उतार-चढ़ाव दिल को छू लेनेवाली थी। इस बात पर गर्व हो रहा था कि हमारे बच्चे इतने अच्छे वक्ता हैं। इस तरह की प्रतियोगिता के माध्यम से बच्चों की वाक् क्षमता का विकास होता है।



English Elocution Competition (Class I to V)

The best way to put forward your feelings is through words and hence an elocution competition was organised in the school premises. The selection was done on 10th of September 2022 and the final round took place on 16th of September 2022. Each class was given a theme on which they had to present their piece viz. Good manners, rainy season, my favourite sports, if I was the Prime Minister of India, my dream vacation, what I want to be when I grow up etc. It was a great pleasure to see children taking part enthusiastically. Elocution enables the exchange of thoughts within people and thus improves communication and understanding skills. The day was concluded with calculation of the results.



Honouring the Brave Heroes - Teachers' Day Celebration

Loyola High School celebrated Teachers' Day on 5th September, 2022 in the school auditorium. A homage was paid to Dr Sarvapalli Radhakrishnan in the beginning of the programme. A cultural programme was organised by the students to express their gratitude towards their teachers. Adorning performances were given by the students which included a dance drama, a musical ensemble and two dance performances by montessori students and even the primary students hit the dance floor with their moves.

The teachers enjoyed a sumptuous lunch after the programme. The celebration came to an end with teachers receiving a token of gratitude from the Principal in the form of gifts.



Half Yearly Examination 2022

Loyola High School successfully conducted Half Yearly Examination for classes I to X and XII from 19th September, 2022 to 30th September, 2022. The exam was conducted to test students' knowledge of their content taught so far and assess their academic progress.



ARYAN- A STAR IN THE MAKING

Aryan Kumar is a young film-maker from Patna (Bihar). He is a student of class XII (PCB) of Loyola High School, Patna and is practising filmmaking skills at Kilkari Bihar Bal Bhawan. His interest in filmmaking began when he attended a 10-day filmmaking-oriented workshop organized by Kilkari Bihar the Film and Television Institute of India, Pune (FTII). His Short Feature, Documentary and Animation Films have been nominated, screened and won at many film festivals in India. He was also felicitated for his fictional work named "Innocency" at Raipur International Film Festival in 2019.

Last year, he was selected as one of the "75 Creative Minds of Tomorrow" at India's biggest and oldest film festival, International Film Festival of India (IFFI), which was held in Goa. He was also felicitated by Mr. Anurag Thakur, the "Union Minister for Information & Broadcast and Youth Affairs & Sports of India". This year one of his fiction films "Lucky", won "Best Student Film Award" at the 2nd Chandigarh Music and Film festival 2022 in April along with a Science Documentary Film named "Idol Immersion" which won the "Bronze Beaver Award" at National Science Film Festival of India held in Bhopal.

Aryan has organized two film making workshops by UNICEF with a strength of 40 students in Darbhanga and 45 students in Patna.

Aryan's endeavours have paved a way for other aspirants. In future he wants to pursue his passion for making meaningful and socially relevant films.



Drawing & Posters

